



## A holistic approach to the SAT and ACT.

Bodsat Prep offers common sense performance advice and problem-solving processes that will help you succeed at the SAT, ACT, and many other endeavors.

**Questions about the new SAT in 2016? Call us.  
We have answers.**

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**Consulting with Bodsat really helped me lay out a plan for the year.**

**I love that we set dates and timelines for everything, as it keeps me organized. The consult is really about working smarter (the right way), and I know that I can apply what I learned with you at school, and beyond.”**

*— Student, Head-Royce School*

CALLING ALL SOPHOMORES AND JUNIORS...

## Avoid the stress of test prep.

Take a few simple steps now to get on track for great scores on the SAT or ACT (while also improving your GPA).

- STEP 1** Call Bodsat Prep to schedule a Family Consultation: 800.291.4661.
- STEP 2** Get a personalized plan that you can apply to your schoolwork now to build skills that you'll need during test prep later.
- STEP 3** Empowered by our expert guidance, get ahead by making every hour of schoolwork and homework this year double as test prep.

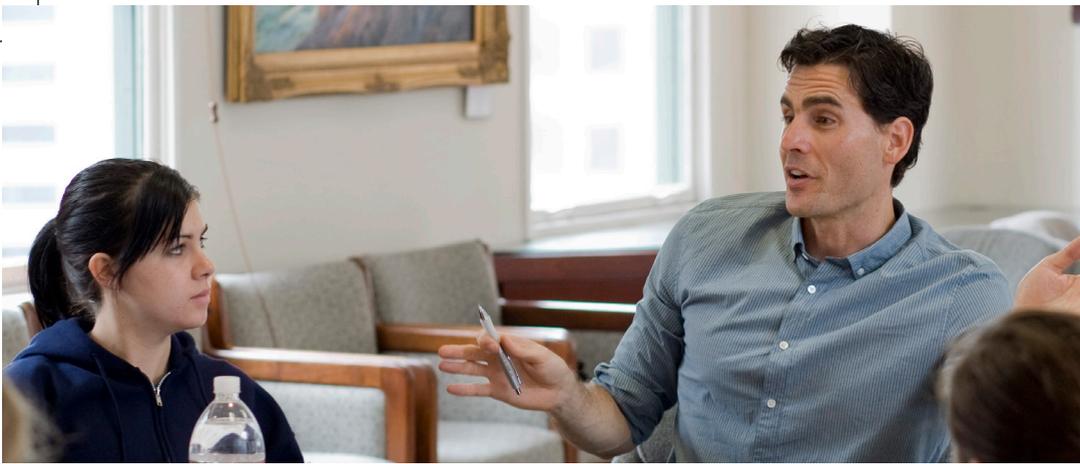
**Keep reading to find out more, or get in touch today.**



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## Lay the foundation for great test scores.

A Family Consultation with Bodsat Prep will get you on the right track.

In our Family Consultation, we'll work with you and your parents to:

### 1. Pick the right test for you, SAT or ACT.

We'll help you figure out which test plays best to your strengths, then create a personalized plan to prepare for it.

### 2. Determine when to take the test and start prep.

Choosing the best date to take your test is a decision based on level of maturity, grasp of fundamentals, coursework, extracurricular activities, college goals, and more. We are experts at helping students schedule prep and test dates so your first test can be your *only* test.

### 3. Assess fundamentals in reading, writing and math.

By looking for content gaps now, we can address them early on through schoolwork. This means that you can work toward a great score now, before you even start prep.

### 4. Discuss sleep and study habits.

With our holistic approach to test prep, we know that it's not always the "gifted" students who get the highest scores. The high scorers are the ones who also get enough sleep, eat a balanced diet, and practice good study habits early on. By introducing you to these habits now, before you start test prep, we help you boost not only your test scores, but your GPA as well.

### 5. Identify and address performance issues

It's common for great students to grapple with setbacks such as stress, test anxiety, carelessness, endurance issues and more. We can identify these performance issues and explain how to address them now, to help with the demands of your junior year.

**Get in touch with Bodsat Prep today to schedule your Family Consultation.**



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